

Texas Age Group Swimming Short Course Championships

Meet Information

**Sanction # 008-06 – Championships
Sanction #009-06 – Time Trials**

March 9 - 12, 2006

**A.J. Loos Swimming Center
Dallas, Texas**

Sponsored By:

North Texas Swimming, Inc.

Held under the sanction of USA Swimming

2006 TAGS Short Course Championship
March 9-12, 2006
Hosted by North Texas Swimming

Welcome: North Texas Swimming invites you to join us for the 2006 TAGS Short Course Championships to be held March 9-12, 2006.

Site:

A.J. Loos Swimming Center
3815 Spring Valley Road
Dallas, TX 75244

Two 25-Yard Pools
972-888-3191

Meet Directors:

Jane Maxvill
2007 North Collins Blvd., Ste. 411
Richardson, TX 75080

214-202-4296
972-690-1104 Fax
e-mail: janemaxvill@clearhavencruises.com

Kim Eubanks
2709 Wichita Drive
Plano, TX 75025

972-727-7202
972-727-7213 Fax
e-mail: kim.eubanks@comcast.net

Meet Referee: Bill Morrison

jwmorrison@gmail.com

Sanction: This meet is held under the sanction of USA Swimming, Sanction 008-06.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., Texas Swimming Association, Inc., North Texas Swimming, Inc., the Dallas Independent School District and all meet officials shall be free from any liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Pre-TAGS General Meeting and Opening Ceremonies: All swimmers must be represented at a pre-meet general meeting that will be held on Thursday, March 9, 2006. The meeting will be held 30 minutes after the end of Session 1 at the Marriott Quorum, 4901 Dallas Pkwy. The location of the meeting will be posted at the hotel. Any possible changes in the conduct of the meet will be decided at this meeting. It is each swimmer and/or coach's responsibility to be aware of any decisions or changes that are made at this meeting.

There will be a **short opening ceremony on Friday, March 10, 2006 at 09:00 am** at the start of the Preliminaries Session. Each team will be introduced and recognized. Team representatives may carry team banners or flags. The opening ceremony will conclude at 09:15 am and will be followed promptly by the meet events.

Team pep rallies and demonstrations may be held BEFORE the playing of the National Anthem and after the start of the first event at each session, but not between the two.

Eligibility: No entries will be accepted unless the entrant is an athlete member of USA Swimming Inc. Every club entered as a team in a North Texas Swimming sanctioned meet shall be a member of USA Swimming Inc.

Any swimmer, 14 years or younger, with a current USA Swimming registration number and registered with any of the five Texas Local Swimming Committees (LSC's), is eligible to compete in the Texas Age Group Swimming Championships. All swimmers must also meet the time standards established for each event he or she enters and have achieved those times between January 1, 2005 and March 1, 2006. Typographical and transcription errors with regards to achieved qualification times will fall under the current USA Swimming Rules and Regulations Paragraph 207.11.7. Competitors must indicate their USA Swimming number and their age, as of March 9, 2006, on the Team Consolidated Entry Forms. Entries with "Applied For" or "Pending" will not be accepted. There will not be an opportunity to obtain a valid USA Swimming number or registration at the competition.

Swimmers may compete with a team that is registered with any of the five Texas LSC's. The team must be a member of the Texas Swimming Association to compete for team points and awards. A swimmer may swim "unattached" if he/she is a member of an unregistered team or is ineligible to represent a team with whom they swim. Unattached swimmers may not earn team points. All teams must comply with all TSA entry requirements. Should a team be delinquent with TSA dues and/or fines at the start of the meet, all team members will swim unattached for the duration of the meet.

Meet Operations: Current USA Swimming Rules and Regulations govern this meet. TSA rules will apply where allowed. TSA rules prevail over any inconsistencies between TAGS Meet Information and current TSA rules. See attached order of events for the list of events and their schedule.

Scratching for all final events of prelim/final events is required as outlined in the current USA Swimming rules 207.7.9D and 207.7.9E.

All events **except** the 1000-yard Freestyle, 500-yard Freestyle, 400-yard Individual Medley, and 1650-yard Freestyle, will be pre-seeded. The 1000 Freestyle, 1650 Freestyle, 12 & Under 500 Freestyle, and all relays are timed final events. Scratching from pre-seeded events is not required.

Deck Seeded Events: The 1000-yard Freestyle, 500-yard Freestyle, 400-yard Individual Medley, and 1650-yard Freestyle will be deck-seeded and listed in the heat sheet in psyche sheet form. **Positive check-in is required for all deck-seeded events and for all relays: failure to check in will result in the competitor being scratched from the event.** All relay cards listing the order of swimmers must be turned into the clerk of course by the deadline; **failure to do so will result in the relays being scratched. Check-in times with clerk of course:**

1000 Freestyle	Thursday, 4:00 pm
800 Free Relay	Thursday, 5:00 pm
500 Freestyle	10&U & 11-12 Thursday, 4:00 pm; 13-14 Friday, 7:00 pm
200 Free Relay	11-12 & 13-14 Thursday, by conclusion of finals
400 Individual Medley	Friday, 9:00 am
200/400 Free Relay	10 & Under 200 Free Relay & 11-12 & 13-14 400 Free Relay, Friday, by conclusion of finals
1650 Freestyle	Saturday, 7:00 pm
200/400 Medley Relay	Saturday, by conclusion of finals

The **1000-yard Freestyle** (events 1 and 2) will be swum as a Timed Final, seeded by qualification times. **All heats will be swum fastest to slowest. If only the deep end is used, heats will alternate girls then boys.**

The **1650-yard Freestyle** check-in will include the option to swim in either prelims or finals. The 1650-yard Freestyle (events 75-76) will be swum as a Timed Final. The fastest 8 girls and fastest 8 boys who check in to swim finals will swim during Sunday's Finals: girl's heat first and boy's heat after its completion. The boys will swim in the deep and the girls in the shallow end after the conclusion of Event 74. **ALL OTHER HEATS WILL BE SWUM FASTEST TO SLOWEST, AS THE FINAL EVENT IN SUNDAY'S PRELIMINARY SESSION and will begin 10 minutes after the conclusion of the last relay heat.**

Entries: Swimmers may enter as many events as desired but may only compete in a total of seven (7) individual events during the entire meet with no more than three (3) individual events during any one day, plus one (1) relay event per day. Time trial events will count as one of the three events allowed per swimmer per day, but not for one of the seven (7) meet events.

Entry fees are \$6.00 for individual events and \$12.00 for relay events. Time Trials are \$12.00 per event.

Late entries will be accepted no later than 30 minutes prior to the scheduled start of each session. Swimmers who late enter must pre-prove their time with the Clerk of Course and be entered at the cut off time and swim in the open lanes in the first heat. A zero heat will be added if necessary, but there will be no standbys for open lanes. The late entry fee is \$25.00 per event.

Entry process: Teams may choose one of the following entry methods:

1. Mail Hy-Tek Commlink file on diskette, accompanied by a hard copy meet entries printout by name and full payment, no signature required. Individual entries for each swimmer and all team relay entries for each age group and sex must be entered on the attached entry forms if a Commlink file is not sent. A completed altitude adjustment form must accompany entries made using the altitude adjustment formula (207.11.5).
2. Email the entries file as an attachment to an email, and indicate on the email whether Sunday's relays are only available to swim in Prelims. Attach a meet entries report by name in Word format. Full payment must be mailed by overnight mail, no signature required, postmarked by Thursday, March 3, 2005.
3. TAGS online Meet Entries- <http://www.tsaswimmeet.org>
Teams who are 2006-registered members of TSA may choose to use the Online Meet Entries website for TAGS meet entries. If your team provided contact information when registering for 2006, the user id and passwords will be emailed. If you don't receive an email by January 15, 2006, contact the TSA secretary. Instructions will be available by February 1, 2006 on the Online Meet Entries website. Full payment for online entries must be mailed by overnight mail, no signature required, postmarked by Thursday, March 2, 2006.

All seed times should be submitted in the 100ths. Swimmers qualifying with a "non-conforming" time (long course or short course meters) shall enter such event using the non-conforming time, which shall be designated by appending the time with "L" for Long Course or "S" for Short Course meters and will be seeded in accordance with USA Swimming rules.

A swimmer with a qualifying time in the 1650-yard freestyle also qualifies for the 1000-yard freestyle. The 1000-yard freestyle must be entered at the current published time standard.

Relay only swimmers must be listed on the initial entry sheet/diskette to be eligible to swim Time Trials, according to TSA rules.

Entries must be received in the mail or by email no later than 6:00 pm Wednesday, March 1, 2006. Online entries must be received no later than 9:00 pm Wednesday, March 1, 2006. Fax entries will not be accepted. Make checks payable to North Texas Swimming, Inc. Mailed entries without the full fee will not be accepted and will be returned! YOU MUST INCLUDE THE NAME, EMAIL ADDRESS, AND PHONE NUMBER OF THE PERSON PREPARING THE ENTRIES IN CASE CLARIFICATION IS NEEDED.

Each team submitting electronic entries to the TAGS Meet Director must submit their entries ON ONE DISKETTE OR FILE EVEN IF THEIR TEAM HAS MULTIPLE SITES. If entries are not submitted on diskette or electronically, they must be on the TAGS Consolidated Entry Form; however, the entry fee shall be doubled for any team submitting five (5) or more swimmers on the Entry Form only. Relays must be entered separately on the TAGS Relay Entry Form. Be sure to indicate if your Sunday relays are only able to swim in prelims. Be aware that if top 8 relay entries choose to swim in prelims only, this will move up other teams to swim in finals!

MAIL COMPLETED ENTRIES TO:

Jane Maxvill
2007 North Collins Blvd., Ste 411
Richardson, TX 75080

***Schedule**

Thursday-March 9, 2006	
3:00 to 9:00 PM.....	General Warm-Up
3:30 to 4:45 PM.....	Warm-Up (1000 Yard & 500 Yard Freestyle)
5:00 PM.....	Prelims/Finals Begin For Events 1-8
30 minutes after end of session.....	Pre-TAGS General Meeting (Marriott Quorum)
Friday-March 10, 2006	
7:00 to 7:35 AM.....	1 st Warm-Up
7:35 to 8:10 AM.....	2 nd Warm-Up
8:10 to 8:45 AM.....	3 rd Warm-Up
9:00 to 9:15 AM.....	Opening Ceremonies
9:20 AM.....	Prelim Session for Events 9-40
.....	Boys- Deep End/Girls-Shallow End
3:30 to 4:30 PM.....	General Warm-Up
4:30 to 5:20 PM.....	Warm-Up for Finalists ONLY
5:30 PM.....	Finals Begin for Events 9-40
Saturday-March 11, 2006	
7:00 to 7:35 AM.....	1 st Warm-Up
7:35 to 8:10 AM.....	2 nd Warm-Up
8:10 to 8:45 AM.....	3 rd Warm-Up
9:00 AM.....	Prelim Session Begins for Events 41-72
.....	Girls- Deep End/Boys- Shallow End
3:30 to 4:30 PM.....	General Warm-Up
4:30 to 5:20 PM.....	Warm-Up for finalists ONLY
5:30 PM.....	Finals Begin for Events 41-72
Sunday-March 12, 2006	
7:00 to 7:35 AM.....	1 st Warm-Up
7:35 to 8:10 AM.....	2 nd Warm-Up
8:10 to 8:45 AM.....	3 rd Warm-Up
9:00 AM.....	Prelim Session Begins for Events 73-100
.....	Boys-Deep End/Girls-Shallow End
2:30 to 3:30 PM.....	General Warm-Up
3:30 to 4:20 PM.....	Warm-Up for finalists ONLY
4:30 PM*.....	Finals Begin for Events 73-100

*There will be a minimum two-hour break between the end of the Preliminary Session and the start of the Final Session. The Final Session will start no earlier than 4:30 PM but may start later, based on the end of the Preliminary Session.

Warm-Up Schedule**

	<u>Day 1</u>	<u>Day 2</u>	<u>Day 3</u>
7:00 to 7:35	Group 2	Group 3	Group 1
7:35 to 8:10	Group 3	Group 1	Group 2
8:10 to 8:45	Group 1	Group 2	Group 3
<u>Group 1</u>	<u>Group 2</u>	<u>Group 3</u>	
West Texas	South Texas	North Texas	
Gulf (except Woodlands)	The Woodlands	Border	

A 10 & under warm up area will be designated in lane 1 in the shallow end.

** Please be advised that the Meet Directors and the Meet Referee MAY adjust teams to maintain balance at all three warm-ups. Teams mandated to move will be notified by email and any changes will be posted on the TSA website by Monday, March 6, 2006.

Warm-Up Procedures

Coaches may choose to control warm-up in their lane or to follow the warm-up procedures below, but in either case must adhere to safety considerations.

General Warm-Up (25 minutes)

NO DIVING from the blocks or pool edge. Swimmers enter the water feet first in a cautious manner.

No sprinting or pace work permitted.

All lanes to be used for general warm-up.

Specific Warm-Up (10 minute)

Pool	Push/Pace	Race Starts	General Warm-Up
8 lane	1 & 8	2, 3, 6, 7	4 & 5

Push/Pace Lanes: Push off from starting end - circle swimming only. NO DIVING!

Race Starts: Sprint lanes for race starts and backstroke starts. Race starts at designated times, swimming in one direction only.

General Warm-up: No diving or sprinting. Circle swimming only.

NO DIVING in warm down area between the bulkheads. Enter feet first in a cautious manner!

Safety Guidelines*

Coaches Responsibilities:

Coaches shall instruct their swimmers regarding the safety guidelines and warm-up procedures.

Coaches shall supervise swimmers throughout the warm-up session.

Host Responsibilities:

A minimum of one marshal for each two lanes shall be on deck to enforce the safety guidelines and warm-up procedures. The marshals shall report to the Meet Referee and/or the Head Marshal and receive instructions from them.

The marshals shall have the authority to remove any swimmer or coach from the deck, for the remainder of the warm-up session, found to be in violation of these procedures.

Warm-up procedures shall be included in the meet information.

Miscellaneous:

Discretion and common sense shall always prevail during warm-up. Therefore, the Meet Referee may modify any procedures should the needs of the meet so dictate.

*These Warm-Up Procedures and Safety Guidelines were adopted by the Texas Swimming Association, October, 1987, to conduct North/South All-Star competition and Texas Age Group Swimming competitions (TAGS).

Relays: The 800 Freestyle relays will be swum fastest to slowest. All other relays will be conducted as Timed Finals with the fastest heat for each event being swum at Finals. All other heats will swim as the last events of preliminaries. **Each team must indicate whether Sunday relays “ONLY” will be available to swim in Prelims or Finals on the TAGS Relay Form. If entries are emailed, indicate whether relays will swim in Prelims only on Sunday in the email message.** Of the teams declaring they are eligible for Sunday Finals, the fastest 8 girls relay and the fastest 8 boys relays will be seeded in finals. Teams seeded in finals must swim or scratch. Any swimmer used in any proof of time for a relay must be on the designated age-group entry form for that team’s relay. A team must have a relay entered in the age group and sex before relay only swimmers can be listed on the entry form. The order of swimmers on relay teams will be strictly enforced in accordance with 102.4.7, USA Swimming Rules and Regulations.

Time Trials: Time Trials will be held, time permitting, for TAGS participants between preliminaries and finals on Friday and Saturday. Time Trial entries will be accepted from 10:00am-11:30am on Friday and Saturday. **There will be no Time Trials on Sunday!** The fee is \$10.00 per event. The sanction number is 009-06. A swimmer may swim a maximum of one time trial per day. The 1000-yard Freestyle will only be offered for Time Trial on Friday and the 1650-yard Freestyle will only be offered for Time Trial on Saturday.

Proof of Times: For all rules and explanation pertaining to TAGS Proof of Times, swimmers and coaches are requested to refer to the TSA handbook. The TSA database will be up in primary mode. Individual entries will be electronically pre-

approved against the TSA database, and an exceptions report will be posted on the TSA and 5 LSC websites. IF a meet is in the TSA database, coaches do not have to bring a hard copy to TAGS for proving any relays or individual swims aggregated together for qualifying times. **Be aware that High School, YMCA, and out of state USA Swimming Meets WILL NOT be on the database.** A list of meets in the TSA database is available on the TSA website in the "Best Times" link. There are some meets for which results have not been submitted to the database, so, IF IN DOUBT, BRING A HARD COPY! As always, it is the coach's responsibility to MAKE CERTAIN that Proof of Times is on hand at the meet, otherwise, the \$50.00 fine will be imposed for any swimmer or relay team that fails to achieve the minimum qualifying time or is disqualified. Should a second offense occur, another \$50.00 fine will be assessed and the swimmer will be barred from the remainder of the meet.

Awards:

Individual Events: Medals 1st through 8th

Relay Events: Medals 1st through 3rd, Ribbons 4th through 8th

Teams: TAGS Flags will be awarded to teams that finish in 1st through 10th places. The First Place team will receive the Leo Cancellare Award, TAGS traveling trophy.

Outstanding Boy and Girl Award: State of Texas plaques will be awarded to the outstanding boy and girl swimmer who place highest in the National Top Sixteen (16) Short Course Rankings as published in Swimming World Magazine. The winners of this award will be determined by the most points earned for times equal to or better than a place in the Top Sixteen list. In the event no points are scored as specified in the current TSA Handbook, the awards will not be given.

High Point Award: A high point trophy will be given to the outstanding boy and girl swimmer in each age group based upon the total number of points in individual events during the meet.

Team Age Group Award: A white flag with red printing 3' x 2' in size will be given to the first place girl's and boy's teams in the following age groups using individual and relay events only: 10& Under, 11-12, and 13-14.

All individual event and relay awards will be ready to be distributed to the swimmer or his/her coach daily up to one hour after the conclusion of the meet. Team Flags, Outstanding Swimmer Plaques, and High Point Trophies will be awarded within one hour of the conclusion of the meet. Coaches, teams, and athletes failing to pick up their awards within one hour after the conclusion of the meet shall make arrangements to receive the awards with the Meet Director at no expense to North Texas Swimming. If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of North Texas Swimming.

Scoring: All events will be scored by age group

Individual Events: 9, 7, 6, 5, 4, 3, 2, 1,

Relay Events: 18, 14, 12, 10, 8, 6, 4, 2

Team points will not be awarded for a performance that does not meet or better the minimum time standard for that event. However, the swimmer is entitled to the individual award if the swimmer can prove that he/she has met the qualifying time.

Final Results: Final Results will be mailed to TSA only. The results will be posted on the North Texas website. Hard copy results may be ordered at the Clerk of Course for \$10.00 per copy.

Officials: Referees, starters, stroke and turn judges, and coaches must be current members of USA Swimming and certified in their respective LSC's. Visiting officials are encouraged to help and should check with the meet referee at least 45 minutes prior to each session. This meet is approved for National Certification. An officials briefing will be held 30 minutes prior to each session in the downstairs weight room at Loos Natatorium.

A National Certification meeting will be held at 7:30 am Saturday. Signs with location of the meeting will be posted at the pool.

Meet Programs, Hospitality and Concessions: Programs will be available for a one-time charge of \$10.00 for the entire meet. Each program will contain coupons redeemable for Finals Heat Sheets. Finals Heat Sheets will also be available separately at \$2.00 per session. Food concessions will be available at the meet. Workers, Officials, and Coaches will be provided with meals and refreshments in the hospitality area. Shirts and other souvenir items will be available for sale at the front main entrance.

Timers: Each team entered in the meet will be responsible for providing timers. Timing Assignments will be made on a pro-rata basis. Each team will be responsible for providing 1 timer for every 10 swimmers entered in the meet. However, each team must provide at least 1 timer. Timing assignments will be printed in the heat sheet.

Admission to Deck: Deck passes will be issued to meet workers and to USA Swimming Registered Coaches, Officials and Meet Marshals, who are working in an official capacity at TAGS. Spectators wishing to serve as timers will be allowed on deck only while timing. **All Coaches, Officials, and Meet Marshals must show their USA Swimming Registration Card to receive their Deck Passes.** The deck will be closed to all others.

MEET HOTEL INFORMATION

The following meet hotels are providing a special TAGS rate for all reservations made.

MARRIOTT QUORUM Rate: \$89.00/night (Reservation deadline: Friday, February 25, 2006)
14901 Dallas Parkway, Dallas, TX 75254

COURTYARD ADDISON MIDWAY Rate: \$59.00/night (Reservation deadline: February 17, 2006)
Courtyard Addison Midway, 4165 Proton Drive, Addison, TX 75001

COURTYARD ADDISON QUORUM Rate: \$89.00/night (Reservation deadline: February 24, 2006)
Courtyard Addison Quorum, 15160 Quorum Dr, Addison, TX 75001

SPRINGHILL SUITES ADDISON Rate: \$90.00/night (Reservation deadline: February 24, 2006)
SpringHill Suites Addison, 15255 Quorum Dr, Addison, TX 75001

RESIDENCE INN QUORUM Rate: \$99.00/night
Residence Inn Quorum, 14975 Quorum Drive, Addison, TX 75254

To reserve your room, please call the following contact and state you are with TAGS

Shirley Wright
Marriott Account Executive
Phone: 972-244-5536

2006 Order of Events for Short Course TAGS

Thursday, March 9, 2006

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
1*	10:57.39	13-14 1000 Free	10:40.49	2*
3*	6:27.89	10&U 500 Free	6:39.99	4*
5*	5:43.99	11-12 500 Free	5:41.59	6*
7*	8:23.59	13-14 800 Free Relay	8:09.59	8*

*Timed Finals

Friday, March 10, 2006

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
9	2:32.49	11-12 200 Fly	2:34.59	10
11	1:01.69	13-14 100 Fly	58.89	12
13	2:27.09	10&U 200 Free	2:27.89	14
15	2:08.89	11-12 200 Free	2:10.79	16
17	1:59.89	13-14 200 Free	1:54.69	18
19	1:27.59	10&U 100 Breast	1:30.09	20
21	1:17.29	11-12 100 Breast	1:18.09	22
23	1:12.39	13-14 100 Breast	1:08.09	24
25	36.89	10&U 50 Back	36.99	26
27	31.49	11-12 50 Back	31.99	28
29	1:03.29	13-14 100 Back	1:00.29	30
31	1:17.39	10&U 100 IM	1:16.99	32
33	1:07.89	11-12 100 IM	1:08.69	34
35	4:50.59	13-14 400 IM	4:41.09	36
37	1:52.99	11-12 200 Free Relay	1:54.49	38
39	1:45.89	13-14 200 Free Relay	1:40.19	40

Saturday, March 11, 2006

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
41	1:07.69	11-12 100 Back	1:08.99	42
43	5:22.29	13-14 500 Free	5:10.09	44
45	2:45.49	10&U 200 IM	2:48.39	46
47	2:25.39	11-12 200 IM	2:27.99	48
49	2:37.59	13-14 200 Breast	2:30.29	50
51	40.79	10&U 50 Breast	41.49	52
53	2:45.69	11-12 200 Breast	2:49.99	54
55	25.79	13-14 50 Free	24.09	56
57	30.49	10&U 50 Free	30.89	58
59	27.19	11-12 50 Free	27.39	60

Saturday, March 11, 2006, Cont'd.

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
61	2:18.99	13-14 200 Fly	2:12.99	62
63	1:20.49	10&U 100 Fly	1:21.99	64
65	1:07.09	11-12 100 Fly	1:08.49	66
67*	3:49.99	13-14 400 Free Relay	3:40.79	68*
69*	2:11.79	10&U 200 Free Relay	2:11.39	70*
71*	4:10.29	11-12 400 Free Relay	4:11.89	72*

*Timed Finals: Fastest Heat Swims in Finals

Sunday, March 12, 2006

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
73	35.59	11-12 50 Breast	35.49	74
75**	18:23.99	13-14 1650 Free	17:39.89	76**
77	1:18.29	10&U 100 Back	1:17.79	78
79	2:16.79	13-14 200 Back	2:10.69	80
81	2:25.29	11-12 200 Back	2:29.59	82
83	1:07.09	10&U 100 Free	1:06.89	84
85	55.79	13-14 100 Free	52.29	86
87	58.99	11-12 100 Free	59.29	88
89	34.49	10&U 50 Fly	34.79	90
91	2:16.99	13-14 200 IM	2:10.79	92
93	29.89	11-12 50 Fly	30.39	94
95*	2:28.09	10&U 200 Medley Relay	2:30.69	96*
97*	4:18.19	13-14 400 Medley Relay	4:07.99	98*
99*	4:35.89	11-12 400 Medley Relay	4:47.29	100*

*Timed Finals: Fastest Heat to Swim in finals

**Timed Finals: Fastest Heat Swims in Finals in Event Order. All other heats swim *last* (following event 100 in prelims)

ALTITUDE ADJUSTMENT FORM

Times achieved at an altitude of 3,000 feet or above may be adjusted as follows:

Event Distance	3000-4250 Feet	4251-6500 Feet	Above 6500 Feet
200	0.50	1.20	1.60
400 or 500	2.50	5.00	7.00
800 Free Relay	2.00	4.80	6.40
800 or 1000	5.00	10.00	15.00
1500 or 1650	11.00	23.00	32.50

- Subtract the time indicated above from the actual time achieved at altitude. This is the time to be used on the entry form and seeding will be based on that time. Information relative to the adjustment accompanying the entry form must include the swimmer's name, event, date of performance, elevation location, actual time, corrected time, and signature of coach.
- A swimmer or relay may use the above adjustment to meet the TAGS qualifying time standard and seeding will be based upon that time.

COMPLETE THIS FORM WITH THE INFORMATION ON ALL SWIMMERS WHO ARE ENTERING THE MEET WITH ALTITUDE ADJUSTED TIMES.

Swimmer's Name	Event Number	Date	Elevation (feet)	Location	Actual Time	Adjusted Time

Coach's signature _____

HELD UNDER THE SANCTION OF USA SWIMMING